

*Resources for families
and caregivers*

PLACER COUNTY DEMENTIA RESOURCES



24/7 ALZHEIMER'S HELPLINE

The 24/7 Helpline is available around the clock, 365 days a year. This free support and information to people living with dementia, caregivers, families and the public.

Phone: 1-800-272-3900



AGENCY & DISABILITY RESOURCE CENTER (ADRC)

ADRC's purpose is to provide a coordinated system for people seeking reliable information and access to Long-Term Services and Supports in Placer County.

Phone: 916-437-1465



SENIORS FIRST

Provides programs, services, and long-term support to Placer County seniors so they may remain their independence as long as possible. Programs include: Nutrition, Adult Day Care, Caregiver Support, Housing Placement, and Transportation.

Phone: 530-889-9500



DEL ORO CAREGIVER RESOURCE CENTER

A private, non-profit agency dedicated to serving families and individuals who provide care for brain impaired individuals and frail elderly. Provides caregiver support, respite care, and legal planning.

Phone: 916-728-9333



ALZHEIMER'S ASSOCIATION NORTHERN CALIFORNIA & NEVADA CHAPTER

They provide support, education, training and other resources to increase knowledge and to support families facing Alzheimer's disease, dementia, or memory loss.

Phone: 916-930-9080



211 CONNECTING POINT

When you or a loved one needs information, local services, emergency or disaster recovery assistance, 211 Connecting Point is a trusted source of information in Placer County.

Phone: Dial 2-1-1

